An Order of Courage

Darcy Siggelkow

"Discouragement is a disease unique to human beings, and it's universal – eventually everyone gets it." Rick Warren

Questions: What are some reasons that cause discouragement for you? How are you doing today?

Discouragement is the loss of courage.

Read Galatians 5:22–23

• You need courage to put the Fruit of the Spirit into action.

"Courage is not simply one of the virtues, but the form of every virtue at the testing point."

C.S. Lewis

• Jesus wants to fill our hearts with courage.

Read Matthew 14:24–27

Questions: When have you been in a storm in your life where Jesus has showed up in the midst of it? When have you been in a storm where it seems like Jesus didn't show up?

Read John 16:33

Courage is something Jesus gives us and is rooted in His presence!

Read Joshua 1:1-9; Joshua 24:15

Question: What does the commitment "as for me and my house, we will serve the Lord" look like in your life?

Parents: We want our kids to like us when our job is to love them. They don't need us to be their friend nearly as much as they need us to be their parent.

Read Proverbs 14:26

Youth: Have the courage to be part of the solution in relationship with your parents. Be a thermostat not a thermometer. How you turn out as an adult is very much your choice.

Next Steps: generations.ca/courage

- 1. YouVersion Study: Supernatural Courage
- 2. Book recommends:
 - 1. Parenting Beyond Your Capacity
 - 2. Growing With

