

# The Gift of God's Peace

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*Chantalle Alfaro*

**Questions:** If you were to rate your stress level right now with 1 being low and 10 being high, what would it be? What is contributing to where you rate yourself?

**Questions:** If peace was sold on Amazon, would you buy it? Why or why not? How much would you be willing to pay for it?

**Read** John 14:27; Isaiah 9:6

**If you don't get your peace from the world,  
the world can't take your peace from you.**

**Questions:** When you think about "peace", what does that look like in the world around you? What does that look like in your own life?

**Read** Philippians 4:6-9

**Question:** What are the keys from this verse that point how to deal with anxiety and experience peace?

**Anxiety is grasping for control of what we do not have in the future. Gratitude is giving thanks for what we do have in the present.**

**John Mark Comer**

**Peace isn't found in the absence of problems,  
but it's found in the presence of God.**

**Craig Groeschel**

**Questions:** Where do you need God's peace? What are you overwhelmed and burdened by that you need to invite Jesus in to? What thoughts have you been fixated on that have been stealing your peace? Where do you need His wholeness in your life? What do you have to be thankful for?

**God's present is His presence;  
the greatest gift is Himself.**

**Max Lacado**

