## Survival Guide: Saving Your Marriage

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Marriages are finding it really hard right now because of:

- The Pandemic Pressure Cooker
   Since the pandemic began, law firms have seen a
   40% increase in calls from couples seeking to end
   their marriage.
- Lack of Healthy Role Models and Good Experiences A good marriage is not a problem free marriage.

**Question:** What has been your experience with marriages that you have been exposed to throughout your life?

 Our Culture's Aversion to Pain and Addiction to Pleasure

**Question:** What are some examples you have seen in our culture where pain is averted or pleasure is pursued?

## A <u>harmful</u> marriage is different from an <u>unhappy</u> marriage.

"Before You Split: Find What You Really Want for the Future of Your Marriage" by Toni Nieuwhof

It's never easy to just walk away from a marriage.

Survival Guide: what can you do to save your marriage?

Read John 13:34

Jesus takes a word that we normally use as a noun and He makes it a verb.

**Question:** What are the implications of the word "love" being a verb and not a noun?

If you choose to love, your feelings will follow.

**Read** Matthew 6:21; John 13:12–15; John 15:12–13

The "new commandment" of Jesus is to not take our cue for love from culture but from Him.

**Questions:** How are you using love as a noun? What is a step you can take to turn love into a verb?

If you put the work in to making love a verb, It is not difficult to know love as a noun.

