

# Impossible Faith: Walking in Faith

*Darcy Siggelkow*

## **Faith is trust in God.**

Understanding faith isn't the challenge. Putting faith into practice is the challenge.

**Read** Hebrews 11:6 and Hebrews 12:2

## **The God we are to believe in is the God revealed in Jesus.**

### **Faith is trust ...**

**Questions:** If you've experienced fear of flying, how would you describe what you experience? Has anyone else described their experience to you?

**It's more of a control thing than anything.**

**I like to be the guy in control,  
and when you're up in the air you have no control.**

**Geoff Smith  
NHL player on fear of flying**

Flying is an act of trust; giving up control, as is following Jesus. If faith is agreeing with a set of ideas, the opposite is doubt. If faith is trust, the opposite is fear.

**Questions:** What are the differences between these two views on faith? How does this affect your perspective on faith? How is fear related to control?

**Faith is about giving up control;  
Fear drives us to take control.**

**Question:** What are some consequences resulting from a desperate desire to conquer fear by being in control? Can you give an example from your life?

**Read** 2 Timothy 1:7

**Questions:** If control is an illusion and the world around us is out of control, how do we live life? What does walking in faith look like based on these verses?

**Read** Psalm 34:1–4 (See 2 Samuel 21 for when this Psalm was written); 1 Thessalonians 5:18 (Written by the guy who experienced Acts 16:22-25)

**Your circumstances may be bad, but God is still good.**

**Giving thanks allows us to see the light of God in a world often filled with shadows. It trains us to recognize hope amid despair, to smile amid suffering, and to know the reality of God's presence even when He seems distant. Simply put, practicing gratitude teaches us how to walk in faith.**

**Skye Jethani**

**Questions:** What is one step you will take to practice gratitude? How often and how long will you take this step?

## Resources

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**YouVersion reading plan:** *Jesus' Death, Resurrection, and Return*

- <https://my.bible.com/reading-plans/23636-ntwright-premierinsight>

**YouVersion reading plan:** *Winning the War of Your Mind*

- <https://my.bible.com/reading-plans/24127-winning-the-war-in-your-mind>