

When It Gets Worse Before It Gets Better

Darcy Siggelkow

**Things typically get worse before they get better.
That's not pessimism. It's reality.**

Dan Rockwell

Question: What has been your experience with something that has been worse before it was better?

**One of the signs of freedom is
that it gets worse before it gets better.
Danielle Strickland**

The process of freedom is often difficult and painful.

Questions: How has this been true in your life? If not, when have you seen an example of this in life?

Read Exodus 4:29–31; 5:1–23

Question: What are some concerning “assumptions” about salvation that could make the “worse” in our lives disillusioning?

- **It gets worse because your old King doesn't want to let you go.**

Read John 16:33; 1 John 4:4; Exodus 6:1–9

Question: The “old King” in our lives is Satan and the forces of darkness. How has the experience of the “old King” not letting you go been in your life?

- **It gets worse because your old life doesn't want to let you go.**

Questions: What from your “old life” doesn't want to let you go? Where are you at in the “process of freedom?”

**Freedom is long-term work,
because true freedom is an inside job.**

Read Matthew 16:24–25

Question: What is one “step” in your continuing walk to freedom that Jesus is asking you to take right now?