

## Treasure Hunt: A Lesson from the Ants

*Darcy Siggelkow*

**Real wisdom is the ability to take God's truth and apply it to your life.**

Dr. Tony Evans

**Read** 1 Kings 4:33–34; Proverbs 6:6–11

**Question:** What do you know about ants?

**Read** Proverbs 26:13-16

**Question:** What are these verses saying are trademarks of a lazy person?

**Read** Proverbs 20:4

**Instead of being present in today, I can be crippled by the past or distracted by the future.**

William Osler uses “water-tight compartments” in ships as a metaphor to learn to live in “day-tight compartments”:

- we need to shut off the past – dead yesterdays

**Dead yesterdays'** are the regrets of things we can't change but wish we could.

There is an undeniable link between people's health and their willingness to forgive.

**Read** Matthew 6:12, 14–15

**To forgive is to set a prisoner free and discover that the prisoner was you.**

Lewis B. Smedes

**Question:** Who do you need to forgive?

- we need to shut off the future – unborn tomorrows

**Worrying doesn't empty tomorrow of its sorrow. It empties today of its strength.**

Corrie ten Boom

**My life has been filled with terrible misfortune; most of which never happened.**

Michel de Montaigne

**Read** Luke 12:22-23, 27–28

**Questions:** What are you most worried about? What in your life do you need to distinguish between “preparing” for the future and “anxiety” about the future?

- we need to focus on today – the only moment we have

**Read** Matthew 6:11; Psalm 118:24

(Continued)

“The humans live in time, but our Enemy destines them to eternity. He therefore, I believe, wants them to attend chiefly to two things, to eternity itself, and to that point of time which they call the Present. For the Present is the point at which time touches eternity...”

C.S. Lewis, The Screwtape Letters

**Read** 2 Corinthians 6:2

**Question:** What is one shift you need to make that would bring your focus onto the present?



## Resources

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“Win The Day: 7 Daily Habits to Help you Stress Less and Accomplish More” by Mark Batterson

[https://read.amazon.ca/kp/embed?asin=B088F3HKQ4&preview=newtab&linkCode=kpe&ref=cm\\_sw\\_r\\_kb\\_dp\\_918XQS6V319SY09Q31V5](https://read.amazon.ca/kp/embed?asin=B088F3HKQ4&preview=newtab&linkCode=kpe&ref=cm_sw_r_kb_dp_918XQS6V319SY09Q31V5)