

# A Heart to Grow

*Darcy Siggelkow*

The heartbeat of following Jesus and being a part of Generations Church is summed up in 3 words:

- Love...God Matthew 22:37 (NLT)
- Serve...others Mark 10:45 (NLT)
- Grow...to be more like Jesus

**Question:** How would you describe what it means to “grow like Jesus?”

**Our faith ... is supposed to grow.**

**Read** Colossians 2:7; 2 Peter 3:18 “you must grow”; Ephesians 4:15.

**Question:** Based on these verses, what insight do they bring in growing your faith?

**God loves you just the way you are,  
but he loves you too much to leave you that way!**

**Read** Ephesians 4:21–22. Here are some insights into spiritual growth:

- **Throw off your old way of life**

**Christianity is not a religion or a philosophy,  
but a relationship and a lifestyle.**

**Questions:** What makes Christianity look like a religion or a philosophy? What makes it look like a relationship and a lifestyle?

**Read** Ephesians 4:23

- **Let the Spirit renew you from the inside**

**Spiritual growth is the work of the Holy Spirit in us.  
You cannot produce the character of Jesus  
in your own strength.**

**Christlikeness is not produced by imitation,  
but by inhabitation.**

Rick Warren

**Read** 1 Corinthians 6:19; Philippians 2:13

**It’s not the pressure from the outside  
that makes the difference in your Christian life,  
it’s the power on the inside.**

**Questions:** What is an example from your life where you have tried to imitate and come up short? What about a change that the Holy Spirit has produced in you?

**Read** Ephesians 4:24

- **Put on your New Nature**

**Effort has nothing to do with your salvation.  
Effort has a lot to do with your spiritual growth.**

**Questions:** What is one thing that comes to mind that you need to throw off? What is one thing that comes to mind that you need to put on? When will you do this?