

Good News About Marriage

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Questions: What is the last news you have heard that you would consider “good”? When you think of “good news”, what do you think of? Is marriage in that category? Why or why not?

There is a culture-wide sense of futility when it comes to marriage. Most marriage are stronger, healthier and happier than most of us realize.

Resources:

- “The Good News about Marriage” by Shaunti Feldhahn
- “The Surprising Secrets of Highly Happy Marriages” by Shaunti Feldhahn

5 GOOD-NEWS TRUTHS ABOUT MARRIAGE:

1. The actual divorce rate has never been close to 50%.
2. Most marriages are happy.
 - Most couples who are not happy will become happy if they stay committed for five years.
 - A harmful marriage is different from an unhappy marriage.

3. The rate of divorce in the church is significantly lower than the non-churchgoing population.

- Couples who go to church together on a regular basis have the lowest divorce rate of any group studied.
- If each of you put God at the center of your life and marriage, the closer you get to God and each other.

4. Remarriages aren’t doomed. A significant majority survive and thrive.

- Lifetime marriage is God’s intent for marriage.
- **Read** Matthew 19:8
- If you do the hard work that every couple needs to do you can have a great marriage that lasts a lifetime.

5. Most marriage problems aren’t big-ticket issues. Fixing little things can often make a big difference.

For too many couples, believing that half of all marriages end in divorce is a reason why some marriages end in divorce.

Questions: Which of these truths about marriage are most surprising? When embracing this truth, how does it affect your view of marriage, or if you are married, your marriage?

Read Hebrews 13:4