

Little Fixes Can Make a Big Difference!

Caleb Gait

Questions: What experience have you had that comes to mind where you have said “It’s good enough”? Has it ever gone badly?

...most couples don't mind the idea of working hard at marriage. What discourages them is the idea that marriage itself is inherently hard and complicated, or that working hard won't pay off. Because that implies that a truly delightful marriage simply isn't realistic for the average couple.

Shaunti Feldhahn
The Good News About Marriage

Two Good News Truths About Marriage:

- Most couples actually love each other!
(97-99% to be exact!)
- Most couples are mostly happy!
(In 82% of struggling marriages, one spouse believes they're doing well! It's a start!)

Fixing the little thing can make the biggest difference in our marriages & relationships. They have the potential to become lifelong habits that make your life and relationships great!



Four Little Fixes that Make a Big Difference:

1. Always Believe the Best!

Read 1 Corinthians 13:6-7

We believe the best by choosing to pivot our perspective off of our spouse or friend and put our focus God.

2. Go to Bed Mad... and Sleep on It!

Read Ephesians 4:26-27 (see also, Psalm 4:4)

Rest helps us be at our best - especially in the midst of tense and tough situations.

3. Keep Score!

Read Ephesians 5:21-25

We need to get into a submission competition!

We owe each other everything, but they owe me nothing in return.

Andy Stanley

What Happy Couples Know - Part 1

Question: What does it look for you to be the “first to serve?”

4. Look Up!

When God is our focus, He will fulfill us better than any marriage or relationship ever could.

The motivation for a great marriage or relationship is that we are better together. (Genesis 2-3)

Questions: Out of these four “fixes”, which one will you take a step to move forward in a little way? What does it look like?