

Give Up Judgement

Darcy Siggelkow

Question: What is the best downhill ski wipeout that you have either had or seen?

We live in world where it seems like everyone thinks it's their place to judge!

Questions: When have you experienced judgment by a Christian? When have you said or heard someone say "Don't judge me"?

To be judgmental is to point out something that is wrong in someone else's life, making the person feel put down, excluded, and marginalized.

David Kinnaman

Read Matthew 7:1-5

Question: What's the definition of a hypocrite?

- The Pharisees were seriously committed to following God's rules.

Read Matthew 5:20; 18:15

- Jesus wants us to feel the tension because he wants us to be so careful with this! We are to evaluate, discern, be wise and accountable without being judgemental.

How to Kill Judgmentalism:

1. Judge yourself first and always.

Read Matthew 7:5; Psalm 139:1–4, 23–24

Question: What can you put in place in your life that facilitates judging yourself first?

2. Remember it's always about relationship.

Read Matthew 7:3; 18:15; 1 Corinthians 5:12

Question: How does asking yourself "Would I say this to them in person?" alter your perspective?

3. Major on mercy.

Read Matthew 7:2; Romans 2:4; Galatians 6:1

Question: What is the difference between how you respond to someone who extends mercy or doesn't?

Questions: Which one of these is most relevant to your life? What step will you take to begin to journey towards a different experience? Is there someone you need to reach out to in order to see mercy in relationship? Is there someone you know who has been "sidelined" because of judgementalism? What will you do to help?