

# The Rhythm of Creation

*Darcy Siggelkow*

**God wants to bring wholeness to our whole lives.**

**Read** 1 Thessalonians 5:23

- Jesus came in a body to save our bodies, not just our spirits.
- You don't just have a body, you are body.

**Living wholly makes living holy easier.**

**Rhythms of Renewal:** rest, restore, connect, and create.

- We are designed to need rest. You are supposed to get tired.
- We need to embrace the gift of our limits.

**Read** 1 Corinthians 6:19-20

**Question:** How are you taking care of His temple?

Solitude is a gift from God, but isolation is a tool of the enemy.

Self-care is never selfish...until it is.

**Self-care is never selfish, it is simply good stewardship of the gift I was put on earth to offer to others.**

Parker Palmer

**Read** Galatians 5:13 (The Message)

**When I say create...I'm talking about using your specific talents, skills, and callings to live deeper into your God-given purpose, to create something that blesses him and the world around you.**

Rebekah Lyons

**Read** Psalm 139:13-16

People that don't believe in God have a big problem when it comes to finding purpose and meaning in life.

**Read** Ephesians 2:10

The call to create is often disguised as good ol' hard work!

**God doesn't just take pleasure in Sunday and in church services while barely tolerating the nine-to-five of Monday through Friday. He cares about and values the office, the factory, and the sink. More than that, He takes pleasure in our work, probably more pleasure than we do!**

David Murray

**Read** Colossians 3:23

Endless entertainment creates boredom. But meaning comes from creative work, not endless entertainment.

**Work is as much a basic human need as food, beauty, rest, friendship, prayer, and sexuality; it is not simply medicine, but food for the soul.**

Tim Keller

**Question:** How are you using your specific talents, skills, and callings to live deeper into your God-given purpose to create something that blesses Him and the world around you?

**Read** Philippians 2:13-15

