

Moments That Change Everything

Chantalle Alfero

Questions: When you think of this past week, what moments come to mind? What is notable about the amount of moments that didn't come to mind? What is a "moment that changed everything" that you have experienced?

**Life is not measured by time,
life is measured in moments.**

Anonymous

Questions: When you think of the word "surrender", what comes to mind? How does looking at it as "laying something down" different than "giving something up"?

Read Luke 1:26-45; Isaiah 7:14

Questions: What are some possible reasons Mary was "confused and disturbed" at the greeting of the angel? What are some possible responses Mary could have given the angel instead of "surrender" (vs. 38)?

Big questions: What is the Holy Spirit asking you to lay down today? What does it look like for you to do that? What step will you take now that will move you closer to laying it down?