

Free to Love

Chantalle Alfero

Questions: What are you proud of in your life right now? What are you proud of in someone else's life? What have you experienced with the negative side of pride?

Read Proverbs 16:18; 1 Corinthians 8:1-13

Knowledge puffs up, but love builds up.

Question: What would you say the opposite of pride is?

**The pathway to humility is to become more loving.
Expel pride by excelling in love.**

**Humility is not thinking less of yourself,
it's thinking of yourself less.**

Rick Warren

Read John 15:4-5

**In our “my brand, my preferences, my rights”
type of society, humility isn't popular.
But humility is the key to intimacy with Jesus.**

Lisa Harper

**Humility isn't making yourself smaller,
it's making Jesus bigger.**

Questions: What behaviors are “puffing” you up instead of building others up? What might be a “stumbling block” to others? How does loving Jesus look different in your life than loving “the knowledge” of Jesus?